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Utthan is a grassroots-based institution that empowers women and young girls by providing them with the perspective, resources and tools they need to amplify their voice, gain access & control over productive resources, entitlements & services, and take control of their bodily autonomy. To create systemic change and drive sustainable impact, Utthan also facilitates partnerships and synergies with various stakeholders and engages in evidence-based advocacy and policy dialogue while continuously taking up its own organisational development.

Our Vision
Utthan envisions a society that imbibes and ensures the values of gender justice, equality and peace, in practice, resulting in happiness for all.

Mission
To empower women and young girls by providing them with the perspective, resources and tools they need to amplify their voice, gain access & control over productive resources, entitlements & services, and take control of their bodily autonomy.

Approach & Strategy
- Participatory situation analysis of challenges in multiple, intersectional contexts
- Awareness raising & organising around issues: building community agency through participatory communication
- Strengthening leaders & institutions: collective prioritisation & planning
- Building a body of Utthan learnings for sharing and exchange: strengthening its team as a resource pool with core competencies for influence & growth
- Demonstrating best practices: social & technical alternatives based on people’s knowledge and new innovations
EMPOWERING MARGINALIZED WOMEN: THE BEGINNINGS

Utthan’s transformative journey commenced in 1981, when four visionary women embarked on a mission to uplift marginalized communities in the desolate Bhal region of Gujarat. Guided by a commitment to social justice, they worked tirelessly to empower these communities, facilitating their self-organization around critical livelihood issues and fostering local leadership.

The name "Utthan," meaning "upliftment" in Hindi, encapsulates the organization's core mission. It ignited a people's movement, uniting women and youth in a common cause. Together, they championed essential rights, including access to safe drinking water, the preservation of communal land for livelihood security, and the dismantling of deeply rooted societal injustices such as patriarchy, feudal exploitation, and caste discrimination at the grassroots level. A pivotal moment in this journey was the founding of Mahiti (knowledge), a community-based organization that has been dedicated to addressing local issues since its establishment in 1994.

Utthan’s unwavering commitment to exploration and knowledge-sharing spans over four decades. It began in the coastal districts of Saurashtra and the tribal areas of South Gujarat, regions grappling with poverty and resource scarcity. Over the years, Utthan expanded its reach, extending its impact to other states, including Chattisgarh, Jharkhand, Madhya Pradesh, Maharashtra, and Odisha.

Beyond its local initiatives, Utthan actively participates in international movements across South Asia and beyond, perpetually seeking new opportunities for growth and knowledge acquisition. Our work support the achievement of several of the United Nations' Sustainable Development Goals.
Utthan's work spans six districts in Gujarat, covering a total of 265 villages. These regions include tribal areas like Dahod, Mahisagar, and Panchmahal, as well as coastal areas including Bhavnagar, Amreli, and Bharuch.
Utthan
A quest for justice, dignity and hope

Dear Stakeholders and Supporters,

As we reflect on Utthan’s impactful journey throughout the past year, our unwavering commitment to positive change remains steadfast. Utthan envisions a future where gender justice, equality, and peace become tangible realities, enhancing the well-being of all.

Our mission, deeply rooted in sustainability and gender sensitivity, empowers vulnerable communities at the grassroots level. With over 40 years of experience, Utthan has extended its reach from Saurashtra and South Gujarat to states like Chhattisgarh, Jharkhand, Madhya Pradesh, Maharashtra, and Odisha, actively participating in international movements.

In our intensified efforts to enhance food security among small and marginal women farmers, we have successfully trained 5000 women in sustainable agricultural practices. Simultaneously, we are actively promoting kitchen gardens to ensure nutritional security.

Utthan actively collaborated with Gram Panchayats and relevant government departments on accessing government schemes, livelihood matters, organizing meetings, and consultations around them. We supported the establishment of crucial local institutions, including Village Development Committees (VDCs), designed to enhance overall village well-being. Additionally, we initiated a goat-based entrepreneurship program to increase the livelihood security of landless households.

We also undertook the construction of sanitation structures for marginalized households in the Valia block of Bharuch. Our efforts also encompassed intensive institutional building and behavioral change training to enhance water and sanitation access for these communities.

I extend heartfelt gratitude to our dedicated team and supporters for their unwavering commitment. As we navigate challenges and embrace opportunities, Utthan remains resolute in its commitment to creating a more just, equal, and peaceful society.

In terms of governance, Utthan remains dedicated to transparency, accountability, and excellence. I express deep appreciation for the team’s commitment and passion, and gratitude to the Board for their proactive engagement and support.

As we move forward, I eagerly anticipate the continued receipt of your valuable guidance and support.

Sincerely,

Pravin Bhikadiya
Chief Executive Officer
Thrust Areas

Utthan’s path is defined not just by its expertise but also by robust partnerships with stakeholders on local, national, and international levels. These collaborations consistently provide valuable insights that enhance Utthan's operations. At the heart of Utthan’s mission are fundamental principles intricately woven together, carrying immense significance in the pursuit of justice, dignity, and hope. These principles authentically encapsulate the essence of Utthan's mission.

With a dedicated emphasis on empowering marginalized women, Utthan remains steadfastly committed to advancing the following thrust areas:

- Gender Equity and Women’s Rights
- Livelihood Security
- Access to Safe Water, Sanitation, and Hygiene
- Institutional Building and Leadership Development
Gender Equity & Women’s Rights

The persistent inequalities arising from the unequal distribution of power between women and men, the gender gap in access to education and employment opportunities, the unpaid care burden, the prevalence of gender-based violence, and various other forms of deep-rooted gender-based discrimination highlight the challenges embedded in social structures. Beyond these societal hurdles, the impact of climate change disproportionately affects women and girls rather than men. This discrepancy is particularly widespread globally, especially in regions where women heavily depend on climate-sensitive work, such as agriculture and manual labor, for their livelihoods.

To address vulnerability among rural women in the state of Gujarat, India, Utthan is undertaking multiple initiatives that aim to amplify their voices and enhance access to resources, credit, technology, jobs, and economic opportunities. These efforts enable women to build their resilience in the face of challenges, fostering a more equitable and sustainable future.

Among the multiple interventions, the collectivization of women stands out as a key strategy for Utthan. The women brought together form "Sangathans" or federations, playing a pivotal role as agents of transformation deeply ingrained within communities. These federations have multifaceted contributions, ranging from raising awareness and providing support for survivors of injustices and violence to implementing gender-sensitive initiatives for economic empowerment and climate resilience. Moreover, they actively engage in collaborative efforts with various stakeholders, including local and state government departments and law enforcement agencies, to effectively address gender-based challenges. Currently, four federations including 1) Samarthan Mahila Sangathan – Bhavnagar, 2) Shakti Mahila Sangathan – Mahuva, 3) Vanita Shakti Mahila Sangathan – Dhanpur and 4) Ekta Mahila Sangathan – Gothib are active in the State of Gujarat, comprising over 16,500 members. The cumulative key achievements made during the work collaboratively to achieve sustainable solutions that prioritize gender equity, economic empowerment, and climate resilience.

1256
Number of new members joined the Women's Federation

660
Number of cases dealt with by the justice committee

5851
Number of women supported to apply for resources & entitlements

1376
Survivors (Women/Girls) of Violence received Support from trained Women Leadership
Skill, Perspective & Leadership Building of Federation leadership
Federation leaders underwent leadership training, focusing on skill development and perspective-building. Emphasizing intersectionality and feminist leadership, discussions delved into the challenges faced by women leaders in transforming behaviors and overcoming barriers, fostering a stronger and more inclusive leadership approach.

Legal Clinic
Legal clinics were organized to standardize the operations of Justice committees and enhance efficiency. Utthan’s Gender team facilitated the review and strategic implementation of improved processes and documenting cases.

Participation of federation women in Understanding legislation on Domestic Violence, dowry, child marriage and prevention strategies
- 120 women from Vanita Shakti Mahila Sangathan actively participated in an awareness camp held in Dhanpur, Dahod district in Gujarat, on "Understanding legislation on domestic violence, dowery, child marriage, and prevention strategies," an event collaboratively organised by the Ministry of Women & Child Development, Government of India, Sakhi One Stop Centre, Mahila Police Station-Dhanpur, 181 Abhyam Women Helpline, and Multipurpose Women’s Centre. The participation aided federation members in better understanding legal provisions and will have a positive impact on the work of justice committees and the federation as a whole.

Annual General Meeting
- The four Women Federations held their Annual General Meetings and International Women’s Day was also commemorated. Various stakeholders participated, including officials from government departments and the UTTHAN team. The event was a great opportunity for the women to come together and celebrate their successes and hard work. A role play on "Samju ni vaat(A wise person)" was also performed by TulsiPatra Art Foundation Theatre Team, commissioned by UTTHAN, as a tribute to the courageous steps taken by the strong women of the Mahila Sangathans. The support from various organizations and individuals highlights the importance and impact of the work being done by these Federations.
TOT for Federation leaders (paralegals, members of executive, justice and representative committees): 1 TOT for 27 leaders for 2 coastal federations were conducted to strengthen their understanding of their Roles and responsibilities, enhancing skill of making effective planning and design and preparation for imparting such training.

Youth Mela TOT for leaders and youth melas in schools: Youth Mela training of trainers (TOT) was conducted to train 70 local leaders and Federation members in coastal and Tribal area on sensitising on Gender discrimination and importance of just society and to enhance their capacity on imparting training to Adolescents girls and boys of the schools on the same. These trained leaders conducted youth Melas for 5090 youths of schools of 50 villages for Sensitising them on gender justice by using various innovative methods and tools like game, songs, lecture etc. students and principals and teachers responded to it positively.

Service camps for linkages with social welfare schemes: Services camps on social welfare schemes were conducted in 50 villages of coastal and tribal areas on Old age pension, Widow pension, Vahali Dikari Yojana, Palak Mata-pita and Divyang yojna. During camps Sarapanch, Panchayat members, VC, VDC members and social security departments were linked. Recognition of federations especially of members of various committees were strengthened. Stakeholders came to know about the mandatory documents required for getting their entitlements. Such camps helped bridge the gap between people and government, so the community responded to it positively.
Stories of empowerment and agency

Story 1:
Upholding Justice: The Women's Federation's Triumph in the Fight Against Child Abuse

Children are vulnerable socially, emotionally, and physically and are particularly vulnerable to exploitation across cultures. The women's federations promoted by Utthan are standing for the victims and their justice. This is the case of a young girl child of 15 years of age, named Parvati (name changed) from a village in Bhavnagar district. She became a victim of rape by her relative on the 20th of April 2019 while she was going to work on diamond cutting and polishing.

She did not share this violence with anybody. After this incident, she frequently fell ill, and her mother took her to a nearby hospital. The doctor detected from her medical report that she was suffering from HIV-Aids. During counselling, it was revealed by her that she had been a victim of rape for a few months. On the advice and support of hospital staff, Rituben (name changed), the mother of the girl, registered an FIR and the police arrested the perpetrator. The news was also published in the local newspaper and, knowing of the incident, Rubinaben, Jignaben, and the president of the women's federation, supported by Uttan, Bhavnagar, contacted and counselled her and registered her case with the Justice committee. Meanwhile, the justice committee contacted a child protection officer and the District Legal Services Authority for advice on filing a case in court. The sister-in-law and other relatives of the perpetrator contacted Rituben and the justice committee to take the case back and sometimes threatened and sometimes gave temptation to give money to them. But the mother of the victim and a member of the justice committee remained steadfast and, after three years of court trial, a judgement of 10 years of jail and a 5000/-Rs fine was handed down to the perpetrator. Rituben received a Rs.2.5 lakh from the perpetrator due to the intervention of the justice committee. At present, Rituben has become an active member of the women's federation and inspire other women to join the federation.
Stories of empowerment and agency

**Story 2:**
A justice committee’s efforts to rescue a minor girl

In the village of Vajelaav in the Dhanpur block district, a young man fled with a 13-year-old minor girl named Ramya (name changed) from the same village. The parents of the girl filed a complaint at the Dahod police station, but the police were unsuccessful in recovering her. In desperation, the girl’s mother reached out to Rekhaben Bamaniya, a member of the Justice Committee of Vanita Shakti Sangathan, seeking assistance. Rekhaben promptly contacted a village leader on behalf of the justice committee of the federation. She compelled him to ensure the return of the girl within four days, warning that if he failed to do so, a case under POSCO would be filed against the young man, leading to imprisonment for at least 10 years and a fine. The village leader contacted the family of the young man, informed them of the consequences, and successfully facilitated the rescue of the minor girl. Subsequently, Rekhaben accompanied the young man to the police station, and the justice committee ensured that necessary action was taken against him.
Livelihood Security

In the realm of Livelihood Security, Utthan is dedicated to pioneering transformative models that prioritize gender sensitivity and advocate for ecologically sustainable alternatives. Going beyond conventional paradigms, our focus is on amplifying incomes, fortifying food security, and elevating the overall well-being of vulnerable communities, with a specific emphasis on empowering women.

Our interventions are guided by the fundamental principles of sustainability, equity, and a people-centric approach. Utthan’s initiatives are intricately woven together through common threads, including gender-sensitive practices and inclusive natural resource management that encompasses both protection and augmentation efforts. We showcase technological and innovative alternatives facilitated through grassroots people’s institutions. In essence, our Livelihood Security programme represents a steadfast commitment to lasting positive change and resilient, community-driven solutions.
Throughout the fiscal year, Utthan has undertaken initiatives to increase awareness among marginalized women regarding access to livelihoods through various means. Specifically, we have focused on small and marginal women farmers with the goal of reducing chemical fertilizer usage and promoting the adoption of sustainable agricultural practices. We consistently emphasized the importance of conserving soil and water and adopting sustainable agricultural practices. This comprehensive approach aims not only to strengthen climate resilience but also to promote the food and nutritional security of marginalized households.

Moreover, Utthan has actively engaged with Gram panchayats and relevant government line departments concerning livelihood matters. This involvement includes organizing meetings and district-level consultations, creating a platform for communities and governments to discuss issues relevant to the Gram Panchayat development plan (GPDP) and the Mahatma Gandhi National Rural Employment Guarantee Scheme. We also supported the establishment of crucial local institutions, including Village Development Committees (VDCs), strategically designed to improve the overall well-being of the villages. Additionally, to support landless households, Utthan initiated a goat-based entrepreneurship program during the year.

Outlined below are the notable milestones achieved under the Livelihood Security programme during the financial year:

- **5000** Women farmers trained on sustainable agriculture package of practices
- **300** Women joined in the Goatary based Enterprise
- **15.72cr** Annual Plan value of Gram Panchayat Development Plans
- **7.5 cr** Wages generated under MGNREGA with Utthan’s support
- **14.65 cr** Applications that were submitted to access resources and entitlements.
Fostering Sustainable Agriculture: Ground-Level Impacts

Under the sustainable agriculture promotion programme, Utthan has initiated the project "Women Farmers Lead Towards Food Security, Sustainable Agriculture, Claiming Women's Rights & Entitlements," marking the second phase of the sustainable agriculture promotion initiative supported by the Azim Premji Foundation. The project's design is based on the experiences and learnings from the first phase.

The project encompasses 29 villages in coastal and tribal Gujarat, involving 5000 small and marginal women farmers. It adopts a lead farmer-farmer approach, where each lead farmer or Krushi Sakhi trains 90 women farmers in their respective villages. These women farmers undergo a series of training sessions and exposure visits to learn sustainable agricultural practices. During the Kharif season of 2022, training focused on food crops such as chickpeas, maize, and wheat, with additional emphasis on wheat, chickpeas, and bajra in tribal and coastal areas. The training also includes creating kitchen gardens to ensure nutritional security for families.
Among the trained women farmers, a significant number have adopted and applied the lessons. Analysis indicates that while in the pre-project Kharif season of 2021, 32% of women farmers adopted six or more practices (POP), after the trainings in the first Kharif season of 2022, the reported adoption rate increased to 71%. In other words, the adoption rate doubled in the post-project interventions.

Social Enterprise Development for Marginalized Women

Utthan, in partnership with Bharat Bijlee Limited, has made substantial progress in the "Social Enterprise Development for Marginalized Women" project. Each participating entrepreneur's remarkable commitment, contributing 50% of the goat purchasing cost, resulted in an impressive INR 9,50,000 raised through bank loans and personal funds. The project's proof of concept successfully expanded to train 50 goat rearers for entrepreneurship, doubling the initial target. A key accomplishment was the registration of the Samarthan Women’s Savings & Credit Cooperative in Bhavnagar, initiating microfinance operations to further empower participating women. Leveraging insights from the TGT study, Utthan has submitted a comprehensive Phase II proposal, charting strategic directions for upcoming initiatives. Tablet training for Pashu sakhis demonstrates a forward-looking approach, enhancing their capabilities for knowledge dissemination and project data recording. The mapping of livelihood opportunities in Bhavnagar informs future initiatives, highlighting Utthan’s commitment to sustainable change and the improved well-being of marginalized women in the region.
Empowering Vulnerable Households: Cultivating Self-Sufficiency Through Kitchen Gardens

Utthan has facilitated the establishment of kitchen gardens among vulnerable households, 1404 households were established kitchen gardens. The major vegetables cultivated in the kitchen garden are including Gourd, Brinjal, Butter beans, Chilly, Cluster beans, Okra, Ridge Cabbage. The families also exhibited the solidarity by sharing the vegetables with who not owned kitchen gardens due to lack of land.

Formation of Integrated Farming Clusters (IFC)

Consultations were conducted with officials from the Sanjeli and Limkheda blocks, along with Dahod district officials from the Gujarat Livelihood Promotion Company (GLPC), to expedite the establishment of Integrated Farming Clusters (IFC). An agreement was reached for GLPC’s block-level officials to actively participate in village-level workshops. Further coordination through the Rapid Rural Community Response (RCRC) at the national level prompted GLPC to engage with Utthan and other RCRC partners. This collaboration initiated the preparation of Detailed Project Reports (DPRs) for all IFCs in Gujarat, with the submitted reports currently under review.
Chalo Evu Gaam Banaviye Initiative: Fostering Sustainable Village Development

A campaign with the theme 'Chalo Evu Gam Banavie' was conducted across 47 villages to mobilize government resources for village development through Gram Panchayat Development Planning (GPDP) and MGNREGA. The campaign focused on fostering a long-term vision for sustainable village development, sensitizing Gram Panchayats to optimally utilize available resources and schemes, addressing the needs of marginalized communities, supporting annual planning, strategizing for approval and implementation, and involving people in the review and monitoring process. To raise awareness among village residents, local functionaries, leaders, and Panchayat and VDC members, workshops were conducted at the village level, accompanied by a people's monitoring campaign in 45 Gram Panchayats.

District level consultations on Gram Panchayat Development Plan (GPDP)

In collaboration with Gram Panchayats, Utthan facilitated the development of an inclusive Gram Panchayat Development Plan (GPDP) across 45 Gram Panchayats in four districts of Gujarat. This initiative aimed to create climate-resilient villages where residents understood climate risks, their causes, and could effectively cope with these risks by implementing resilient village plans utilizing available resources. The participatory approach involved multiple stakeholders, fostering a comprehensive understanding of the local context. To share these experiences and challenges in the processes, Utthan and the Village Development Committees (VDC), organized district-level consultations in both coastal and tribal areas by bringing multiple stakeholders including government officials. This platform proved instrumental in helping the stakeholders including government officials gain a better understanding of the issues. The bureaucrats committed to support the communities wherever feasible.
Watershed Development for Climate Resilience: Integrating Sustainable Practices and Adaptation Strategies

Under the umbrella of natural resource management and soil health improvement, various socio-technical interventions have been implemented over the years to enhance water management. With the support of NABARD, the PIPERO Watershed Development project (WDF) was executed between 2018 and December 2022, covering the villages of Pipero and Rayavan. Through the watershed project,

- To enhance the economic independence of marginalized women, training sessions on various sustainable livelihoods were conducted. Vegetable cultivation was also promoted.
- To foster ownership of natural resources, watershed committee members underwent leadership training, acquiring roles and responsibilities.
- The water table increased by 1.50 meters.
- A total of 254 farmers participated in the Rabi season, and 152 farmers utilized irrigation from their wells due to the increased water table.
Story 1: Improve the agency of marginalised - Story of Labhuben

Labhuben Bariya, a resident of Hathab village in Bhavnagar district, has been appointed as a Krushi Sakhi. She resides with her spouse and two children—a daughter and a son. Labhuben has had a passion for education since childhood, completing her graduation and gaining admission to MA (Gujarati). However, due to financial constraints and her younger sisters' engagements, she was compelled to marry and couldn't complete her studies.

After marriage, she lived with her spouse and extended family of eight members on a one-acre farm. Due to the family's limited land, her husband and other male family members worked as daily wage earners in Bhavnagar. Labhuben harbored a strong desire to work outside her home. When the opportunity arose to work with Mahila Samarthan Sangathan, she eagerly seized it. However, her mother-in-law and other family members initially prevented her from working, leading to her confinement at home and a decline in her mental and physical health.

After some time, she and her husband separated from her extended family, and he helped her connect with Sangathan. Labhuben started attending meetings and training sessions organized by Utthan but initially lacked confidence in public speaking. To overcome this, she began organizing small meetings with women in Faliya, gradually gaining the confidence to lead meetings and express her ideas. Today, she is an active member of the VDC and participates in discussions on various village issues. Labhuben has been a master trainer with Utthan since 2018 and has been selected as a Krushi Sakhi.

Labhuben's experience exemplifies how empowering marginalized women, enabling them to build social networks and increase social capital, can enhance their agency and equity, positively impacting their personality.
Empowering Livelihoods: Demonstrating Equitability, People-Centricity, and Sustainability in the Livelihood Security Model

Story 2: Beyond Harassment and Fighting for the Right: Ramanyaben’s Struggle
Ramanyaben (Name changed) lives in Mahunala Village in the Dhanpur block of Dahod district. Her family is dependent on rainfed agriculture from their 1-acre land holding and agriculture labour work. She has been associated on and off with Utthan for a long time and has volunteered as a women’s leader. In March, she was selected as Krushi Sakhi by Utthan. Since she has taken on the responsibility of Krushi Sakhi, her husband is harassing her after drinking alcohol and does not allow her to attend training and meetings. Due to her strong aspiration to work as Krushi Sakhi, she has not given up and has continued to engage with Utthan, for which she has had to face a lot of problems. Last month, Utthan organised POP training for Krushi Sakhi in Dahod. While she was attending the training, on the second day, her husband, after drinking, came to the training venue and took her with him on his motorcycle. On their way, they met an accident, and both were injured. She had to spend Rs. 80,000/- in hospital for their treatment. In spite of all the challenges, Ramanyaben is enthusiastic about working as Krushi Sakhi and Utthan’s team has always supported her in every possible way. She is successfully training and influencing fellow women farmers in the adoption of a sustainable agriculture package of practises and technologies.
Access to Safe Drinking Water, Sanitation and Hygiene

Access to sanitation is recognized by the United Nations as a fundamental human right. Under the Water and Sanitation program, Utthan’s strategic focus is on developing institutional mechanisms and technologies sensitive to gender and sanitation rights. Utthan acknowledges that the nexus between the safety and security of women and drinking water needs from its founding years.

Throughout its interventions in this domain, Utthan has consistently advocated for decentralized, people-centered water and sanitation initiatives, emphasizing women’s leadership and community engagement in planning, implementation, and monitoring. Utthan’s steadfast advocacy led to the adoption and recognition of these principles in the guidelines of the Swajaldhara Scheme in 2002 and the Gujarat Jal Disha in 2010. Additionally, specialized sanitation solutions tailored to geography and need were developed and implemented, ensuring sustainability through Utthan’s People’s Learning Centre on Water and Sanitation program.

In 2016, Utthan embarked on a three-year collaboration with the Bharat Rural Livelihood Foundation (BRLF), an autonomous undertaking of the Government of India (under the aegis of the Ministry of Rural Development). Serving as the National Resource Agency for 20 CSOs across 5 states (Chhattisgarh, Jharkhand, Madhya Pradesh, Maharashtra, and Odisha), Utthan continues its efforts to enhance sanitation facilities in rural Gujarat. This experience has transitioned from being an implementing agency to a capacity-building entity by sharing expertise with other organizations and providing guidance and support.

During the financial year, Utthan played a pivotal role in setting up sanitation facilities at the grassroots level and driving awareness campaigns in the Valiya block of Gujarat. These efforts resulted in a marked improvement in the usage and upkeep of sanitation facilities, thanks to the active involvement of water and sanitation committees. Notably, this initiative received valuable support from Edelgive and Apcotex.

The primary objective of the project was to empower women by ensuring their rights to safe and sufficient drinking water, sanitation, and hygiene. This was achieved through the establishment of community mechanisms that take into account gender dynamics in two villages within the Valia block of Bharuch District, Gujarat.
220
Total number of Toilets built (newly constructed and renovated)

211
Total Soak pits and Washing plateform for safe liquid waste disposal

15
Toilet Seats installed for people with disabilities
Voices of Change: Case Studies on Gender Equity and Sanitation Rights in Action

Story 1: Harmony in Action: A Water and Sanitation Committee Member's Inspiring Journey

"I want to do as much as I can for the people. So even in my absence in the future, people will remind me that Vibhaben did a good job for us."

These are the words of Vibhaben, a member of the water committee of Nadhari village, who lives in Navi-nagri in Naldhari. Her daughter is an LLB student, and her husband is a mason, whereas Vibhaben has been running a small shop since last year. Vibhaben has been on the water committee for the last two years and is interested in learning new things. She is also very enthusiastic about working for the welfare of the people. Despite the difficulties at home, Vibhaben contributes actively to the village’s water sanitation program. When work on the issue of water and sanitation was started in Naldhari village, she agreed to join this work and used to remain present in each and every meeting and training. As her understanding of the issue grew, Vibhaben decided that she would also build a toilet in her house and teach people how to get and use a constructed toilet at her home. She participates in each and every Pani Samiti meeting and training and awareness programme organised in the village and encourages other people by saying that it is "better to attend such meetings and training than sit idle at home; we will learn some useful things from it." So I kept my shop closed to attend it. "If I learn something, I will be able to explain to people," by saying that she is inspiring people to raise awareness on this issue. She says Utthan is supporting us with the overall village development activities, so it is our duty to support the Utthan team as, after all, the village is ours.
Voices of Change: Case Studies on Gender Equity and Sanitation Rights in Action

Story 2:
Change in behaviour necessitates a sustained and focused effort: A Case Study from Valiya’s Naldhari Village

In the sanitation infrastructure development of the villages of Dungri and Naldhari, Utthan wanted to create a sense of ownership among the households supported by the project, and the public contribution was mandated and collected by the water and sanitation committees of the respective villages. Though many are ready and have paid the contribution, a few families were reluctant to do so, as they felt that the construction of toilets was the government’s responsibility and not theirs. Renaben Vasava is one amongst them. Renaben Navneetbhai Vasava, an inhabitant of Naldhari Village in Valiya Block, is an agricultural labourer, and her husband works for a nearby company. Animal husbandry is the second important income source of her household along with her husband’s salary. They have a girl child and a boy child. When the discussion of the public contribution came up, she denied paying and told the field team that “I want to build a toilet but will not contribute Rs. 6,000 to get a new toilet in place of the old one.”

During the technical survey, she said, “We want to build a new toilet. This is made by the panchayat, but we are not using it due to issues with the construction”. The water and sanitation committee asked her to pay the public contribution, and months passed by explaining to her why public contributions were needed. Following that, she decided and said, "I will pay INR 3000 in total, not Rs 6000." Again, the water and sanitation committee continued meetings with her and tried its best to explain why the public contribution is being taken from the stakeholder who needs a new toilet. After a month, Renaben expressed her interest to pay Rs. 6,000 and build a new toilet, and she contributed as committed. As the toilet was built, Renaben said, "Yogeshbhai (an UTTHAN team member), "my girl will become an adolescent in no time. We had to go out in the fields to defecate at night and security reasons scared us the most. As now the toilet is built, everyone in our family, especially my daughter, uses it; no more worries." It took a lot of time to convince her, and it has made us realise that behaviour changes happen when people realise the importance of toilets. Continuity and unforgiven dialogues are required in these situations to inspire the community members to empower themselves by changing long established behavioural patterns.
Institutional Building and Leadership Development

Utthan is driven by a dual commitment: evolving as a dynamic learning institution and catalyzing the growth of self-reliant local entities capable of steering empowerment and inclusive development initiatives. Through impactful interventions, Utthan has played a pivotal role in nurturing diverse community-based institutions, such as women's federations, Village Development Committees (VDCs), and frameworks providing support and justice for survivors of violence.

A noteworthy accomplishment for Utthan lies in its innovative approach to collective leadership, effectively addressing challenges related to succession and sustainable growth. The organization aims to building capacity and empowering communities, enabling them to independently navigate their developmental journeys. This strategic approach proves instrumental in fostering enduring transformations, ensuring communities are well-prepared to sustain progress beyond Utthan’s direct support.

In essence, Utthan’s initiatives seamlessly align with the broader movement promoting community-led development and empowerment, emphasizing the crucial reinforcement of local institutions and the empowerment of communities to drive their own developmental agendas. By nurturing robust local entities and championing collective leadership, Utthan significantly contributes to fostering a more sustainable and inclusive development paradigm in the unique context of India.
Throughout its operational history, Utthan has actively pursued initiatives aimed at strengthening various aspects of grassroots leadership, encompassing village-level institutions, women's federations, and farmer-producer organizations. The key achievements of the financial year are as follows:

**Internal Meetings**
During the period, all mandated meetings, including the Management Committee, Welfare Committee, Procurement Committee, and Board meetings, and annual meetings were conducted. Regular monthly review meetings were also held in all Field Areas. In addition, the Programme Steering Committee convened to deliberate on the previously formed groups and to determine next steps for Capacity Building and Advocacy efforts. These meetings played a crucial role in ensuring effective management and coordination of the project.

**Building accountability among Utthan team**
As part of organizational development planning, Shri Gagan Sethi facilitated a participatory half-day workshop to identify and prioritize gaps and challenges within the organization. Through collective deliberation, it was agreed that the organization would focus on two areas, namely Building Accountability and Addressing Fear of Conflict, which were deemed critical to resolving other issues. This workshop proved valuable in laying the foundation for addressing organizational challenges and promoting a culture of transparency and accountability.

**Capacity building of Utthan Team members**
- Utthan’s senior team attended a leadership development training to reflect on their personal lives and connect it with the organization’s vision.
- A two-day workshop on "Building Perspectives and Orientation" familiarized participants with Utthan’s committees, policies, goals, and strategies.
- A review meeting aimed to systematize documentation of work done by Justice Committees of Utthan-supported Women's Federations resulted in new formats based on collective reflections.
- Utthan and NABARD collaborated on a capacity-building training for Utthan team members and SHG members on effective group management.
- Capacity-building training for Samarthan Mahila Sangathan members focused on integrating intersectionality perspectives in their personal and professional lives.
- In the past year, Utthan’s gender team members, Megha and Yogini, completed the Women and Land Rights course offered by WGWLO. They conducted independent research projects and shared their findings. Megha’s study focused on the land rights of fisherwomen in Mahuva block, Bhavnagar, while Yogini examined the understanding and aspirations of tribal youth in Dhanpur block, Dahod, regarding women's land rights.
The Livelihood team of Utthan Ahmedabad participated in a 3-day capacity building program in Matar, Kheda, Gujarat, focused on sustainable development. The program covered a range of topics including global agriculture systems, the historical context of agricultural development, the Green Revolution and its consequences, government policies and their impact on agriculture, systems thinking in agriculture, contract farming, the 2020-2021 Indian farmers' protest, indigenous knowledge systems and their importance, farmer suicides, and the importance and need for sustainable farming.

Six Krishi Sakhis from coastal and tribal regions supported by Utthan Gujarat participated in the 5-day Master Farmer Intermediate Course on Natural Farming, which was organized by the Gujarat Natural Farming and Organic Agriculture University, Anand and National Coalition for Natural Farming Gujarat (NCNF) from February 20 to 24, 2023, at the university. The training focused on integrated farming systems, farm economics, and indigenous seeds. These Krishi Sakhis train 90 other women farmers.

Utthan’s Joint CEO & HR Associate participated in the People’s Practices course run by India Leaders for Social sector.

Presentations/ Lectures /participation in external events / Awards

During the financial year, Utthan’s experiences and learnings were shared on various platforms, including:

- Nafisa Barot, Mentor & Trustee, and Pallavi, Joint CEO of Utthan, attended the first general body meeting of the Rapid Rural Community Response to COVID 19 (RCRC) on May 2nd, a network of 70 civil society organizations from 12 states that support communities in responding to pandemic crises.

- Babu Prajapati, Area Manager for the Tribal Programme at Utthan Ahmedabad, shared Utthan's work in water management at the National Workshop on "Role of Civil Society Organizations in Water Security for Sustainable Development" on June 23rd and 24th, 2022, organized by the Ministry of Jal Shakti and the Department of Water Resources, RD & GR.

- Utthan and Village Watershed Committee Leaders from Dhanpur Taluka, including Diabhai and Ramanbhai, were invited to present the gender-just approach of their watershed program, its achievements, and the advantages of women's involvement in the virtual conference "Community Stewardship" hosted by the Foundation for Ecological Security in December 2022.

- As part of a fundraising event called "Comedy for a Cause" on November 6, 2003, in Elmhurst, Illinois, USA, the India Development Service (IDS) invited Nafisa Barot, the founder of Utthan, to share her thoughts on the Utthan-IDS partnership.

- Utthan’s Joint CEO conducted a session on Women’s Land Rights & Intersectionality as part of WGWLO women and land rights course. Further, Utthan actively participated in the Strategic visioning exercise of WGWLO.
• Utthan & communities participated in
  ◦ Annual meeting of Inter Agency Gujarat of which we are a part
  ◦ A Multi stakeholder consultation on Community based disaster risk management organised by Gujarat Institute of Disaster Management & Unnati.
  ◦ India Land & Development Conference, Bangalore as part of the WGWLO delegation
• Leaders from the Watershed Committee attended the Convention of Water Leaders and Practitioners on Community-based Governance of Traditional Water Resources, which was organized by Unnati on November 24-25, 2022, in Jodhpur.

New partnerships / Scoping for opportunities

• Utthan gained support from Bharat Bijlee Ltd. to initiate a social enterprise that focuses on enhancing the lives and livelihoods of marginalized tribal women. A six month phase from August 2022 to March 2023 has helped to build the base to take ahead goat based livelihood enhancement with the development of Pashu Sakhis to provide awareness & services for better livestock rearing to 300 tribal women rearers. Scoping in coastal and tribal areas were completed too. BBL has agreed to further the project for another year.
• In an effort to promote goat rearing as a community enterprise in Dhanpur, Dahod, Utthan has established a knowledge partnership with The Goat Trust (TGT). This collaboration aims to leverage TGT’s expertise and experience in technical and enterprise development to enhance the initiative.
• A pilot project was commenced in Dahod, in partnership with CRY, to integrate initiatives aimed at preventing child marriages and empowering adolescents within the Gram Panchayat Development Plan for 10 villages. Further discussions on long-term partnering in preventing child marriages are in progress.
• A strategic exercise was initiated in Bhavnagar district in collaboration with Grassroots on mapping potential livelihood opportunities, documenting dreams and aspirations and developing a road map for livelihood development for the marginalised, particularly women.
• Explorations were made with LIC Housing Finance, Ford Foundation and Hindustan Unilever Foundation, American India Foundation.
• Utthan commissioned a Story telling Act, ‘The Story of Samju (A wise person)’ for International Women’s Day 2023, which explored themes of a woman’s individuality and freedom. On World Theatre Day, it collaborated with Tulsi patra Art Foundation (concept, direction & execution) and Dept. of Mass Communication, Gujarat University for a performance of the Act for the students.
• The Village development committees of Avaniya, Bhumbli, Bhутeshwar and Nawa Ratanpar of Bhavnagar block through Gram Panchayat have approached the corporate social responsibility (CSR) cell of Agrocell company and they received 23.87 lakh for various development projects including library creation, water tank construction and animal welfare.
- The Gram Panchayat of Kuda of Bhavnagar approached Gujarat Tourism Department to develop the village as the tourist destination and the Panchayat received 35 lakhs for the same.

**Development and revision of Organisational policies**
- Utthan is currently in the process of revising its HR policy and finance manual with the aim of improving their financial and human resource management practices. The revised drafts have been created and are currently under review for finalisation.

**Mentoring of Senior leadership**
- Utthan's senior team members received mentoring from experts, including the organisation's founder trustee Nafisa Barot, on various aspects of organisational development. These included institutional leadership strengthening, Comprehensive Thrust Area planning for water and sanitation (WASH), and networking and fundraising opportunities.

**Management Information System (MIS) of Utthan**
- During the financial year, Utthan started using a web-based MIS system to enhance programme management, review, and learning. Additionally, physical forms are being standardized and integrated into the system in September. Utthan staff members received training on the importance of data and its relevance to programme effectiveness, as well as hands-on experience in utilizing the new MIS system.

**Utthan Resource Centre (URC)**
- In an effort to promote knowledge-sharing, Utthan is establishing an "Utthan Resource Centre" at our Ahmedabad office. This centre will serve as a repository of resources, such as books and research reports, which have been collected over the past four decades. These resources will be available to students, development professionals, NGOs, and researchers, covering a wide range of subjects, including women and society, water and sanitation, natural resource management, sustainable agriculture, and economics.

**Peace and Goodwill Cricket Tournament 2022**
- A unique Peace and Goodwill Cricket Tournament 2022: A Step Towards Peace and Justice, was organised between October 31 and November 5, 2022, by Samarthan Mahila Sangathan, Samanvay Yuva Sangathan, and Utthan in Bhavnagar district, Gujarat. This unique sporting event received extensive support from various people and institutions.

**Recruitment of new team members:** Utthan has hired new team members to strengthen its operations related to enterprise development and research.
Utthan's Networks and Alliances

Utthan has undertaken coordinated efforts, learning and exchange, and advocacy on issues related to sustainable agriculture, women's rights, and the impact of COVID on the Indian population at the national and Gujarat levels in collaboration with various organisations and networks such as the RCRC, IAG, Natural Farming Coalition, WGWLO, MAKAAM, Gujarat Mahila Manch, and government departments.

State and National Level

- Working Group on Women and Land Ownership (WGWLO)
- Voluntary Action Network India (VANI)
- Sajjata Sangh
- Responsible Coalition for Resilient Communities (RCRC)
- Revitalising Rainfed Agriculture Network (RRAN)
- Pravah
- National Coalition for Natural Farming (NCNF)
- Mahila Kisan Adhikar Manch (MAKAAM)
- Janpath
- Inter-Agency Group, Gujarat
- India Wash Forum
- Gujarat Mahila Manch

International Level

- Water Supply and Sanitation Collaborative Council
- International Water Association
- Gender Water Alliance
- Association for Women in Development

Knowledge Partners

- Institute of Social Studies Trust
- SAFAR
- The Goat Trust
<table>
<thead>
<tr>
<th>Name</th>
<th>Title and Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mr. Vijay Parmar</td>
<td>Chairperson, Managing Trustee, Janvikas</td>
</tr>
<tr>
<td>Alka Parikh</td>
<td>Member, Dean, School of Liberal Arts, Bennett University</td>
</tr>
<tr>
<td>Mr. Ashoke Chatterjee</td>
<td>Member, Former Director, National Institute of Design</td>
</tr>
<tr>
<td>Mr. Binoy Acharya</td>
<td>Member, Director, UNNATI &amp; President, Voluntary Agency Network India (VANI)</td>
</tr>
<tr>
<td>Ms. Nafisa Barot</td>
<td>Member, Founder &amp; Former Director, Utthan</td>
</tr>
<tr>
<td>Neelima Khetan</td>
<td>Member, Managing Partner of Nous Consultants, is a senior CSR and Social Sector expert.</td>
</tr>
<tr>
<td>Dr. Sara Ahmed</td>
<td>Member, Adjunct Professor, Ahmedabad University</td>
</tr>
<tr>
<td>Dr. Sudarshanlyengar</td>
<td>Member, Former Vice Chancellor, Gujarat Vidyapith, presently associated with ARCH</td>
</tr>
</tbody>
</table>
Our Partners

Azim Premji Foundation
NABARD
GROF
iS
EdelGive Foundation
Kavita Mehta Foundation
Bharat Bijlee
GLOBAL GREENGRAINS FUND
INDIANS FOR COLLECTIVE ACTION
apcotex
danamojo
experience the magic of giving
## Accounts and Transparency

### Balance Sheet as on 31st March 2023

<table>
<thead>
<tr>
<th>PARTICULARS</th>
<th>ANNEXURE</th>
<th>FCRA</th>
<th>INDIAN</th>
<th>TOTAL 2022-23</th>
<th>2021-22</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Funds and Liabilities</strong></td>
<td>I</td>
<td>520,103</td>
<td>4,278,595</td>
<td>4,798,698</td>
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<td>Current Liabilities</td>
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<td>Income &amp; Expenditure Account</td>
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<tr>
<td><strong>Total</strong></td>
<td></td>
<td>2,890,979</td>
<td>13,030,538</td>
<td>15,921,517</td>
<td>12,320,405</td>
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</table>

### Assets and Properties

<table>
<thead>
<tr>
<th>PARTICULARS</th>
<th>ANNEXURE</th>
<th>FCRA</th>
<th>INDIAN</th>
<th>TOTAL 2022-23</th>
<th>2021-22</th>
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<tr>
<td>Net Fixed Assets</td>
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<td>Current Assets</td>
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<td>6,047,089</td>
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<tr>
<td><strong>Total</strong></td>
<td></td>
<td>2,890,979</td>
<td>13,030,538</td>
<td>15,921,517</td>
<td>12,320,405</td>
</tr>
</tbody>
</table>

### Notes forming part of Accounts & Accounting Policies - XVIII

For Utthan
Chartered Accountants
Firm Rgd No. 108908W

Vijay Parmar
Trustee
Place: Ahmedabad
Date: 28.09.2023

For H Rustom & Co.
Chartered Accountants
Firm Rgd No. 139775W

Vijay Parmar
Trustee
Place: Ahmedabad
Date: 28.09.2023

For A S Shaikh & Co.
Chartered Accountants
Firm Rgd No. 162345

Adam Shaikh
Proprietor
Membership No. 31368
UDIN: 23162345B9PEX3126
Place: Ahmedabad
Date: 28.09.2023
## Income and Expenditure

### SCHEDULE VIII

#### UTTHAN

**TRUST REGD.NO.: F/757/AHMEDABAD**

**INCOME AND EXPENDITURE ACCOUNT FOR THE PERIOD 1ST APRIL 2022 TO 31ST MARCH 2023**

<table>
<thead>
<tr>
<th>PARTICULARS</th>
<th>ANNEXURE</th>
<th>FCRA</th>
<th>INDIAN</th>
<th>TOTAL 2022-23</th>
<th>2021-22</th>
</tr>
</thead>
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<tr>
<td>INCOME</td>
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<tr>
<td>GRANTS</td>
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<td>OTHER INCOME</td>
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<td>181,104</td>
<td>181,104</td>
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<td>INTEREST INCOME</td>
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<td>64,437</td>
<td>637,656</td>
<td>702,093</td>
<td>100,289</td>
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<td><strong>TOTAL</strong></td>
<td></td>
<td>543,214</td>
<td>37,447,443</td>
<td>37,990,657</td>
<td>41,020,837</td>
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#### EXPENDITURE

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<tr>
<th>EXPENDITURE ON OBJECTS OF THE TRUST</th>
<th>XII</th>
<th>455,194</th>
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<tr>
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<td>AUDIT FEES</td>
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<td>84,400</td>
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<td>REMUNERATION TO TRUSTEES</td>
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<td>744,000</td>
<td>744,000</td>
<td>660,000</td>
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<td>CHARITY COMMISSIONER CONTRIBUTION</td>
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<td>65,889</td>
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<td>BALANCE WRITTEN OFF</td>
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<td>14,768</td>
<td>14,768</td>
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<td>DEPRECIATION</td>
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<td>823,760</td>
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<td>EXCESS OF INCOME OVER EXPENDITURE</td>
<td>IV (36,234)</td>
<td>1,415,769</td>
<td>1,381,535</td>
<td>66,399</td>
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<tr>
<td><strong>TOTAL</strong></td>
<td></td>
<td>543,214</td>
<td>37,447,443</td>
<td>37,990,657</td>
<td>41,020,837</td>
</tr>
</tbody>
</table>

**NOTES FORMING PART OF ACCOUNTS & ACCOUNTING POLICIES - XVIII**

**For Utthan**

For H Rustom & Co.  
Chartered Accountants  
Firm Rgd No.108908W

For A S Shalik & Co.  
Chartered Accountants  
Firm Rgd No.139775W

Vijay Parmar  
Trustee  
Place: Ahmedabad  
Date: 28.09.2023

HRD Dalal  
Proprietor  
Membership No. 031368  
UDIN:  
Place: Ahmedabad  
Date: 28.09.2023

Adam Shalik  
Proprietor  
Membership No. 262345  
UDIN:23162345BGPNB3126  
Place: Ahmedabad  
Date: 28.09.2023
भावनगर जिल्लाना 25 गामों युवाओं विराजमान शांति अने सालाप्पण प्रतियोगिता 2022 मास भाग लीहो

उत्तरदेशीय सरकार द्वारा सुसंचालित मुख्यमंत्री के अनुसार, आज को सालाप्पण प्रतियोगिता का आयोजन हुआ। यह प्रतियोगिता छठाई बार आयोजित की गई है।

सालाप्पण प्रतियोगिता द्वारा युवाओं का शांति अने सालाप्पण का निर्देशन किया जाता है। प्रतियोगिता के भिड़ें गए युवाओं ने अपने इच्छा अनुसार प्रतियोगिता में हाथ में लगाया है।

युवाओं ने अपने मार्गदर्शन के साथ युवाओं के लिए आगे बढ़ाने के लिए अपनी पारंपरिक शैली में सालाप्पण का निर्देशन किया। यह प्रतियोगिता युवाओं के लिए आगे बढ़ाने के लिए आवश्यक है।

यह प्रतियोगिता युवाओं के लिए आगे बढ़ाने के लिए आवश्यक है।